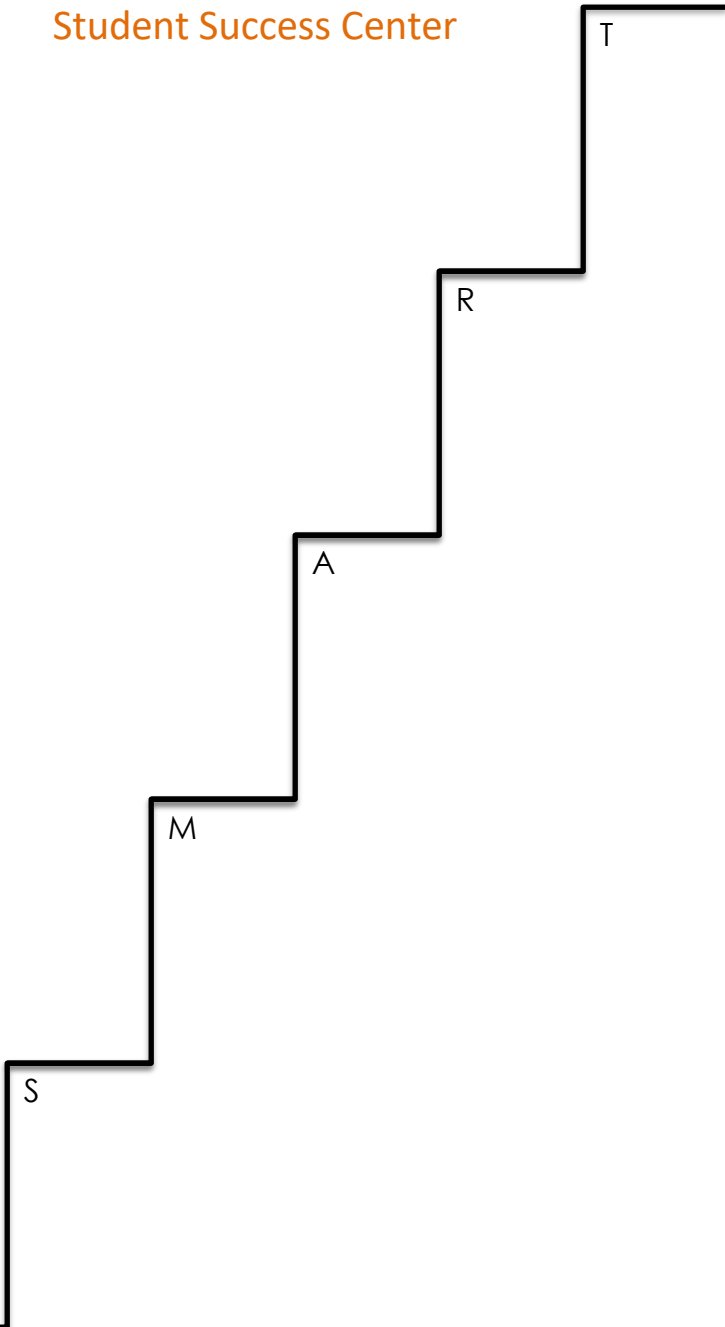


# SMART GOAL SETTING

Wright State University – Lake Campus  
Student Success Center



**S** What do I want to accomplish?  
Give specifics on the idea & purpose.

**M** How will I know I met my goal?  
Measure your idea in time, amount, etc...

**A** What steps do I need to take to reach my goal?  
The idea should be attainable.

**R** How will meeting this goal help me?  
Make sure the idea is relevant to your life.

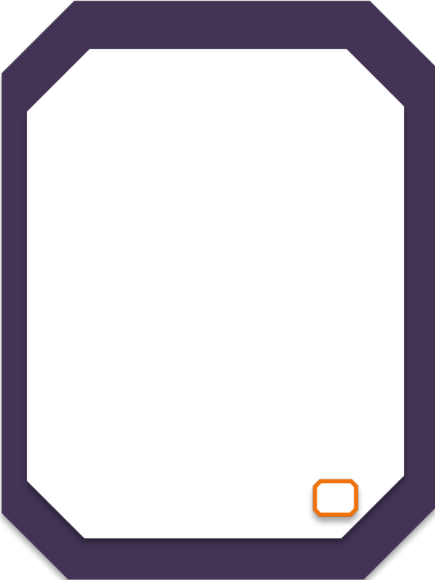
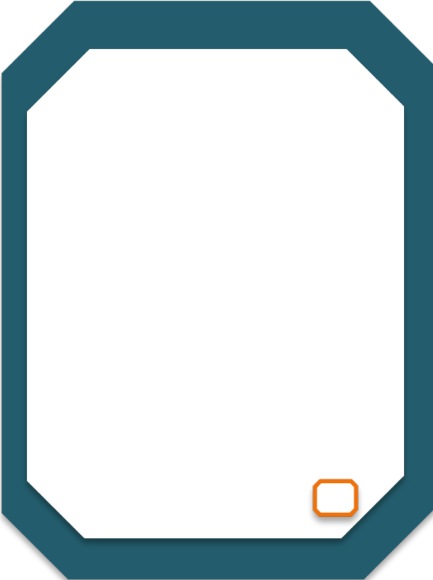
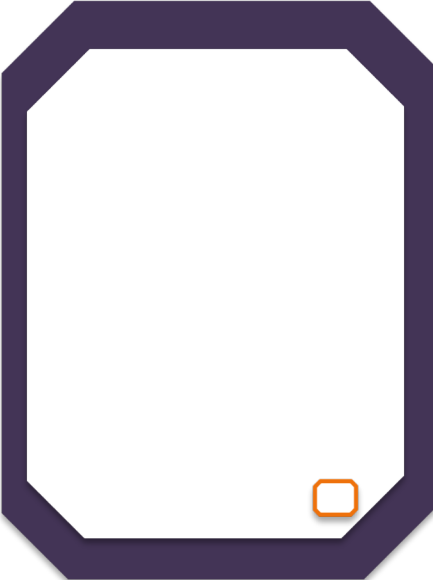
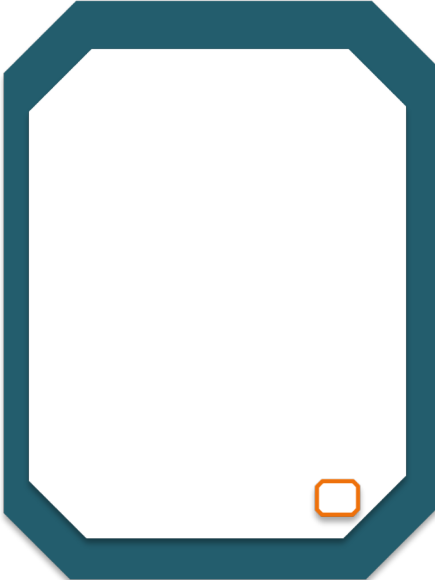
**T** How long will it take to reach my goal?  
Goals should have a length of time determined.

# SMART GOAL SETTING

My Goal:

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Steps I need to take to achieve my goal:

A large, empty octagonal box with a dark purple border, intended for writing the first step. A small orange square is located in the bottom right corner.A large, empty octagonal box with a teal border, intended for writing the second step. A small orange square is located in the bottom right corner.A large, empty octagonal box with a dark purple border, intended for writing the third step. A small orange square is located in the bottom right corner.A large, empty octagonal box with a teal border, intended for writing the fourth step. A small orange square is located in the bottom right corner.