

LEARNING STYLES

The three most common learning styles are visual, auditory, and kinesthetic. As humans we use our senses to learn about the world around us. Most people tend to use one of their senses more than the others.

There is a series of 16 questions that are related to the three main learning styles. Read the question and select the answer that closest fits your answer. Don't think about the questions too much. Go with your first choice. After you answer each of these questions, organize your total number of a's, b's and c's.

Quiz

1. When you study for a test, would you rather
 - a) read notes, read headings in a book, and look at diagrams and illustrations.
 - b) have someone ask you questions, or repeat facts silently to yourself.
 - c) write things out on index cards and make models or diagrams.

2. Which of these do you do when you listen to music?
 - a) daydream (see things that go with the music)
 - b) hum along
 - c) move with the music, tap your foot, etc.

3. When you work at solving a problem do you
 - a) make a list, organize the steps, and check them off as they are done
 - b) make a few phone calls and talk to friends or experts
 - c) make a model of the problem or walk through all the steps in your mind

4. When you read for fun, do you prefer
 - a) a travel book with a lot of pictures in it
 - b) a mystery book with a lot of conversation in it
 - c) a book where you answer questions and solve problems

5. To learn how a computer works, would you rather
- a) watch a movie about it
 - b) listen to someone explain it
 - c) take the computer apart and try to figure it out for yourself
6. You have just entered a science museum, what will you do first?
- a) look around and find a map showing the locations of the various exhibits
 - b) talk to a museum guide and ask about exhibits
 - c) go into the first exhibit that looks interesting, and read directions later
7. What kind of restaurant would you rather not go to?
- a) one with the lights too bright
 - b) one with the music too loud
 - c) one with uncomfortable chairs
8. Would you rather go to
- a) an art class
 - b) a music class
 - c) an exercise class
9. Which are you most likely to do when you are happy?
- a) grin
 - b) shout with joy
 - c) jump for joy

10. If you were at a party, what would you be most likely to remember the next day?

- a) the faces of the people there, but not the names
- b) the names but not the faces
- c) the things you did and said while you were there

11. When you see the word "d - o - g", what do you do first?

- a) think of a picture of a particular dog
- b) say the word "dog" to yourself silently
- c) sense the feeling of being with a dog (petting it, running with it, etc.)

12. When you tell a story, would you rather

- a) write it
- b) tell it out loud
- c) act it out

13. What is most distracting for you when you are trying to concentrate?

- a) visual distractions
- b) noises
- c) other sensations like, hunger, tight shoes, or worry

14. What are you most likely to do when you are angry?

- a) scowl
- b) shout or "blow up"
- c) stomp off and slam doors

15. When you aren't sure how to spell a word, which of these are you most likely to do?

- a) write it out to see if it looks right
- b) sound it out
- c) write it out to see if it feels right

16. Which are you most likely to do when standing in a long line at the movies?

- a) look at posters advertising other movies
- b) talk to the person next to you
- c) tap your foot or move around in some other way



If you scored mostly a's you may have a visual learning style. You learn by seeing and looking.

Visual Learners learn best by sitting in front of class and writing down notes during a lecture. While taking notes, feel free to make small pictures of symbols to help you understand and remember certain parts of the lecture. Printing off resources while doing a research paper, or making a PowerPoint presentation for a project will come more naturally to you.

If you scored mostly b's, you may have an auditory learning style. You learn by hearing and listening.

Auditory Learners can sit anywhere in the classroom. They do not necessarily need to look up at the lecturer in order to understand what is being taught. You learn best by reading aloud your chapter books or a paper while you proofread. Using books on CD or Podcasts will help you retain information quicker and easier.

If you had mostly c's, you may have a kinesthetic learning style. You learn by touching and doing.

Kinesthetic Learners tend to sit towards the back of the room because frequent breaks are needed. Also, they tend to take more information in if those are holding something such as a pencil or a small ball. Acting out a project or making something with their hands will be most enjoyable for you. College tends to be harder for you than others due to most lectures not being hands on.